



— **alphaland** —
— BALE SIN ISLAND CLUB —

HORSEBACK RIDING

Saddle up and enjoy a relaxing horseback ride with our instructors!

Open daily between 9:00 AM to 11:00 AM and 1:30 PM to 5:30 PM
Reservations are required

30 minutes	Php 2,200
1 hour	Php 3,300
1 ½ hours	Php 5,500



VAT-Inclusive

For inquiries and reservations, please proceed to the Sports and Recreation desk or Sports Center or call the Sports Center hotline at **+63.917.704.9332**

ARCHERY

Master your skills one shot at a time at our outdoor range

Open daily between 9:00 AM to 11:30 AM and 1:00 PM to 4:30 PM
Reservations are required

Bow with 25 arrows, with instructor
Php 1,200

Extra bucket of 25 arrows
Php 600



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ISLAND BIKES

Explore the island with our Island Bikes,
available for rent at the Sports Center

Available for rent between 7:00 AM to 5:30 PM only,
unless rented for more than one day
Reservations are required

Half-day (4 hours or less) Php 700
Whole day Php 1,200



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SPORTS CENTER ACTIVITIES

Whether you're looking for a friendly match, a new sport to try, or just want to stick to your fitness regimen, there's always something for you in our well-equipped Sports Center

Open daily from 7:00 AM to 7:00 PM
Reservations are required

BASKETBALL

Court & ball use Free of charge

BILLIARDS & TABLE TENNIS

Equipment use Free of charge

BADMINTON

Court use Free of charge
Shuttlecock & racket set Php 250
Instructor / playing partner Php 350/hour
Additional shuttlecock Php 150/pc

TENNIS

Court use Free of charge
Tennis ball & racket set Php 300
Instructor / playing partner Php 350/hour
Additional tennis ball Php 150/ball
Ball boy Php 120/hour

GYM & FITNESS CENTER

Work out, get fit, and stay healthy at our fully equipped gym and fitness center
Gym, MMA & boxing gear use Free of charge

WALL CLIMBING

Wall use with harness & belayer Php 350/head

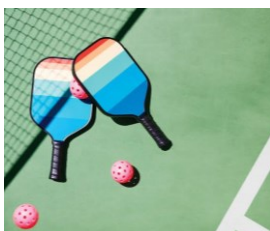
PICKLEBALL

Pickleball set Php 250/hour
Instructor / playing partner Php 350/hour

OTHER SPORTS

Spikeball, American Football
Soccer, Boomerang

All available at the Sports Center, free of charge, but can only be used either at our courts or at the Balesin Football Center



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WINDSURFING

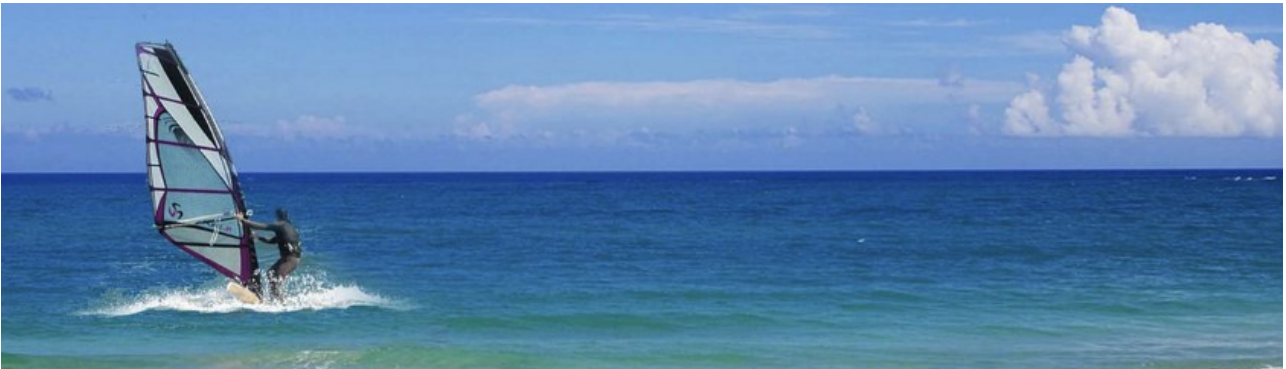
Learn how to skim over Balesin's pristine waters with our professional instructor, Jon Silverio. We have sessions for beginners, as well as intermediate and advanced riders.

*Seasonal and dependent on the availability of the instructor
Reservations are required*

Equipment rental only; without instructor
Php 1,800/hour

Equipment rental with instructor for 1 person
Php 2,300/hour

Equipment rental with instructor for 2 persons
Php 3,000/hour



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UNDERWATER ACTIVITIES

With the help of our team of guides and instructors, you can see first-hand why Balesin's beauty is more than just skin deep

*Availability of dives are subject to weather conditions and availability of dive pro
Reservations are required*

FUN DIVE

Php 2,600

If you're already a certified SCUBA diver, then you shouldn't miss the chance to explore Balesin's exclusive dive sites. Talk to any of our dive masters and book a dive now!

Duration	1-2 hours
Number of dives	1 dive
Minimum age	8 years old
Maximum guest-to-instructor ratio	2:1

DSD(DISCOVER SCUBA DIVING) Php 5,000

Go on an actual dive in 3 easy lessons—no previous diving experience required! Start with a short lesson on SCUBA diving fundamentals with our experienced dive instructors, then practice basic skills in our training pool. And finally, go on a guided SCUBA diving tour of one of Balesin's many coral reefs.

Duration	3 hours
Number of dives	1 dive
Minimum age	10 years old
Maximum guest-to-instructor ratio	4:1

BUBBLE MAKER

Php 5,000

Make this vacation memorable for the kids by introducing them to the thrill of SCUBA diving! Youngsters get a taste of SCUBA diving in our six-foot-deep training pool under the direct supervision of our instructors. Here, they will learn how to breathe underwater with SCUBA diving equipment made especially for kids.

Duration	1-2 hours
Number of dives	1 dive
Minimum age	8 years old
Maximum guest-to-instructor ratio	2:1



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DIVE COURSES

Add a whole new dimension to your vacation by getting certified as a diver right here in Balesin Island!

SCUBA diving is safe, easy, and fun. Our Aquatic Sports Center offers courses from entry-level to more advanced certifications. Our experienced instructors follow standards established by PADI (Professional Association of Diving Instructors), the most respected diver training organization in the world, so you can be sure you're learning from the best.

*Availability of activities are subject to weather conditions
Reservations are required*

SCUBA DIVER **Php 23,400**
Consists of knowledge development, confined water sessions, and 2 open water dives.

Duration 2-3 days
Number of dives 2 dives
Minimum age 10 years old
Maximum student-to-master ratio 4:1

OPEN WATER DIVER **Php 32,000**
Consists of knowledge development, confined water sessions, and 4 open water dives.

Duration 3-4 days
Number of dives 4 dives
Minimum age 10 years old
Maximum student-to-master ratio 4:1

ADVENTURE DIVER **Php 20,500**
Duration 1-2 days
Number of dives 3 dives
Minimum age 10 years old
Maximum student-to-master ratio 6:1

ADVANCED OPEN WATER DIVER **Php 28,000**
Duration 2 days
Number of dives 5 dives
Minimum age 12 years old
Maximum student-to-master ratio 6:1
Prerequisite certification Open Water Certification

RESCUE DIVER **Php 30,500**
Consists of knowledge development, confined water and open water sessions.

Duration 3-4 days
Minimum age 12 years old
Maximum student-to-master ratio 8:1
Prerequisite certification Advanced Certification

SCUBA REVIEW **Php 5,000**
Consists of confined water and open water sessions.
Duration 3 hours
Number of dives 1 dive
Minimum age 10 years old
Maximum student-to-master ratio 4:1
Prerequisite certification Open Water Certification



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BEACH AND AQUATIC ACTIVITIES

Looking to frolic in the sun, sand, and sea? Whether you're a beach bum or a board-sports enthusiast, we have a full complement of activities to suit your fancy.

Open daily from 7:30 AM to 5:30 PM

Reservations are required

Availability of activities are subject to weather conditions

Available at the Aquatic Sports Center

BEACH ACTIVITIES

Football, volleyball, frisbee, inflatables,
beach tennis Free of charge

AQUA BIKES

30 minutes Php 700
1 hour Php 900

KAYAKING

Single-seater kayak Php 350/hour
2-seater kayak Php 550/hour
2-seater transparent kayak Php 900/1 hour
Php 1,400/2 hours

STAND-UP PADDLE BOARDING

1 hour Php 800
2 hours Php 1,200

SNORKELING

Gear rental (per day) Php 350

Full day rentals for Private & Regency Villas Only

Single-seater kayak Php 1,700/day
2-seater kayak Php 2,800/day
2-seater transparent kayak Php 4,000/day

SURFING

Surfboard rental (soft-tops)
1 hour Php 550

*Seasonal and dependent on weather
and swell forecast*



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BEACH AND AQUATIC ACTIVITIES

Looking to frolic in the sun, sand, and sea? Whether you're a beach bum or a board-sports enthusiast, we have a full complement of activities to suit your fancy.

*Availability of activities are subject to weather conditions
Reservations are required*

SAILING

“PARAW”

Sit back and relax while you enjoy a peaceful cruise on Lamon Bay on board a Classic Filipino outrigger sailboat with our expert operators

30 minutes	Php 700
1 hour	Php 1,300
2 hours	Php 2,600

HOBIE BRAVO

Learn, practice, and enjoy the relaxing sport of sailing on our 2- to 4-seater Hobie Cats

1 hour	Php 900
2 hours	Php 1,600



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BOAT RENTAL AND PACKAGES

Rent one of our sea-going vessels and go on a trip around the island to see Balesin from a different perspective out at sea, catch your own fish fresh from our waters, or simply take a relaxing cruise on Lamon Bay and enjoy our amazing sunsets.

Available daily between 7:30 AM to 5:30 PM

Reservations are required

Subject to weather and sea conditions

DINGHY

(Rubber boat)

1 hour Php 3,500
Additional hour Php 1,500
Maximum guests on board: 4 pax

DIVE PACKAGE WITH ALPHA FOUR

Fun dive for 2 hours Php 2,200/pax

ALPHA FOUR

(Motorized bangka)

1 hour Php 4,500
2 hours Php 5,500
Maximum guests on board: 12 pax

Alpha Four Rental (per person)
Plane Wreck (1 hour) Php 1,080
Kokopeli Dive Site
(1.5 hours) Php 1,500
Pacific Side (2 hours) Php 2,100

Add-ons:

Snorkeling gear Php 200/pc
Fishing kit Php 300/set
Snacks and drinks Php 1,800
(4 cans of beers or sodas and chips)



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NEW WATER ACTIVITIES!

Available daily between 7:30 AM to 5:30 PM

Reservations are required

Subject to weather and sea conditions

INFLATABLE POOL

5 meters x 4 meters (3 hours) Php 2,500

Maximum guests: 8 pax

INFLATABLE CATAMARAN HOUSEBOAT

1 hour

Php 3,500

Maximum guests: 8 pax



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SIGNATURE MASSAGES

Balesin Signature Massage

Our signature massage uses bamboo canes, Ventosa, and hot stones to relax and prepare your body for a deep-kneading massage. Free your mind from worries and your body from tension with this unique massage.

60 minutes

Php 3,300

90 minutes

Php 4,900

Traditional Filipino *Hilot* Massage

Experience the timeless tradition of Filipino massage, deeply rooted in the Universal Law of Nature. This ancient art utilizes banana or Tuba-Tuba leaves to help harmonize the body's energy flow, expel toxins, and regulate body temperature. The calming virgin coconut oil infused with invigorating scents enhances the relaxing and rejuvenating experience. The traditional method starts with a foot bath or *suob*, followed by a head and shoulder massage or *Hingut-an*, gentle patting to dry the feet, *Hilot* massage, and ends with a soothing, warm cup of ginger tea or *salabat* to complete the experience.

90 minutes

Php 4,760

Leea Spa Indulgence

Experience a calm mind and free your body from tension with Leea Spa Indulgence, a lavish and holistic spa treatment that combines a rejuvenating body scrub, a relaxing full-body massage, and a soothing foot massage.

120 minutes

Php 6,700

ISLAND MASSAGES

Isla Pura Massage (Hot Stone)

Harness the healing power of volcanic healing stones to soothe tight muscles. With the added benefits of thermotherapy and gentle massage strokes, experience relief from muscle pain and tension, and a relaxed mind and body.

60 minutes

Php 3,600

90 minutes

Php 4,700

Deep Sea Massage (Deep Tissue)

This combines elements of basic Thai massage and deep tissue pressure techniques with therapeutic massage oil. It aims to restore vital energy, reduce stress, and relax the muscles, promoting balance and wellness.

60 minutes

Php 3,190

90 minutes

Php 4,400

Gentle Ocean Flow Massage (Aromatherapy)

Enhance your massage with a personalized aromatherapy spa experience. Choose from a selection of premium essential oils, each designed to cater to your unique needs and preferences.

- Bergamot: lowers stress levels and inflammation; diminishes skin sensitivities
- Ginger: boosts focus and muscle relief; renews skin radiance
- Basil: energizes and uplifts your mood; soothes headaches, relieves respiratory discomforts
- Eucalyptus: soothes, decongests, and relieves respiratory issues and muscle aches; enhances mental clarity

60 minutes

Php 3,880

90 minutes

Php 4,900

Island Tide Dry Massage (Shiatsu)

Based on a traditional Japanese technique uses finger pressure along energy paths to relieve pain and tension in the body. This is a modified form of acupressure and dry massage that also improves blood and lymphatic circulation.

60 minutes

Php 3,600

90 minutes

Php 4,700

Aqua Wave Massage (Swedish)

This is the classic go-to massage after a long day where massage oil is used along with kneading, gliding strokes, and vibration motions. The spa therapist strokes toward the heart to improve blood circulation, as well as boost your mood, and relieve tension and pain. A popular choice for mind and body rejuvenation.

60 minutes

Php 3,880

90 minutes

Php 4,900

Pacific Ocean Body Massage (Combination)

This therapy combines the techniques of dry and gentle kneading massage with massage oil. Long kneading strokes applied with the rhythmic tapping and movement of the joints, along with applying direct pressure on different parts of the body result in optimum relaxation, tension release, pain relief, and energy flow throughout your body.

60 minutes

Php 3,190

90 minutes

Php 4,400

FOOT AND BODY TREATMENT

Mystic Ocean Body Scrub

A full-body exfoliating scrub that removes the toughest grime and toxins, leaving your body cleansed and invigorated. This treatment allows your skin to absorb moisture better, clears your pores, and eliminates dead skin cells followed with a relaxing body massage.

60 minutes

Php 4,300

90 minutes

Php 5,300

Mystic Ocean Foot Scrub

Embrace a rejuvenating foot massage that harnesses the power of bamboo sticks to gently release tension and promote relaxation. This treatment not only scrubs away corns, calluses, and rough, flaky skin, but also leaves your feet feeling wonderfully soft and smooth.

60 minutes

Php 3,500

90 minutes

Php 4,500

QUICK ISLAND EXPERIENCE

Tropical Serenity Massage

Experience the rejuvenating power of a 30-minute massage. Choose from a Shiatsu or Swedish massage, tailored for your specific area of concern—your back, legs, head, neck, or shoulders.

30 minutes

Php 1,900

Oceanfront Sole Soother

Conventional foot massage that manipulates the superficial and deeper layers of muscle and connective tissues of the feet. This therapy results in whole-body relaxation, helping you to sleep better and improving circulation.

30 minutes

Php 1,900

60 minutes

Php 3,200

Prices are inclusive of 12% VAT and subject to 10% service charge